# AULTCARE Behavorial Health Education



## **About the Education**

If you are an AultCare member and need behavioral health support, AultCare's behavioral health education is available to you at no additional cost.

If you are seeking extra support for depression, anxiety, substance abuse, bipolar disorder, or schizophrenia, our board-certified mental health nurse can provide you with resources available in your local area. Our nurse can also assist in providing education about your condition. Through use of resources, education and access to a trained health professional, you can be better prepared to manage your mental health.



### **Professional Support**

You are assigned a registered nurse who will provide support in monitoring your mental health. Your nurse can answer questions you have regarding your health.



#### **Medication Guidance**

If you need help understanding your medication, we can provide you with exclusive resources to understand all aspects of your mental health.

#### Educational Materials and Resources

We have educational materials and resources available to provide you with the information you need for quality care.



#### Learn More

If you are interested in this program, please contact us and ask to speak with a nurse about our behavioral health education.

### **Contact Us** 330-363-6360 or 1-800-344-8858 www.aultcare.com

If you, or someone you are helping, have questions about AultCare/Aultra you have the right to get help and information in your language at no cost. To speak with an interpreter, call Local: 330-363-6360 Outside Stark County: 1-800-344-8858 TTY: 711 Outside Stark County: 1-866-633-4752

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca AultCare/Aultra tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al Local: 330-363-6360 Fuera del condado de Stark: 1-800-344-8858 TTY: 711Fuera del condado de Stark: 1-866-633-4752

如果您,或是您正在協助的對象,有關於AultCare/Aultra保险公司方面的問題,您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥電話本地:330-363-6360斯塔克縣外:1-800-344-8858 TTY線本地:330-363-2393斯塔克縣外:1-866-633-4752

AultCare/Aultra complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.