

Level 1: Health Fair Only

Prior to Health Fair

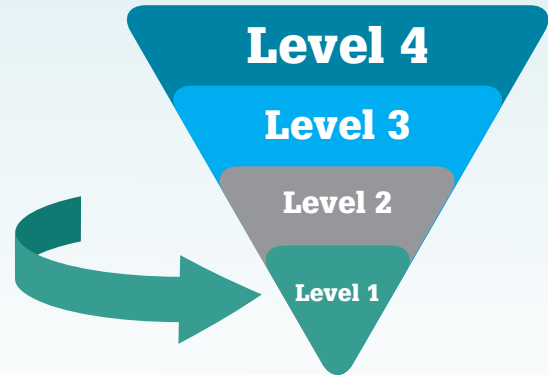
- Employee meetings to share information regarding the upcoming event
- Marketing materials for the event are distributed via mail, email or at the company
- Pre-registration online, phone call, email to AultCare or at the company
- Mass texts/emails can be sent reminding potential participants of the event and to fast prior

At Health Fair

- Biometrics station:
 - » Fasting finger stick
 - 🩺 Glucose and full lipid panel
 - 🩺 Blood pressure
 - 🩺 Height, weight, BMI, body fat percentage and waist circumference
 - 🩺 Short review and coaching session of results with a professional
- Health Risk Assessment (HRA) station:
 - » AultCare laptops on-site for HRA completion
 - » HRA completion assistance for participants
 - » Flyer available for
 - 🩺 Online HRA directions
 - 🩺 Member sending results to Primary Care Provider
- Education station:
 - » Appropriate professional on topic chosen staffing station
 - » Handouts provided
 - » Demonstrations or models available

Post Health Fair

- Aggregate report (if more than 20 HRA completers)
- Cohort report (only available after second year of health fairs and if more than twenty of the same people completed the HRA both years)
 - » Compares 2 years aggregate data for only the individuals who completed the HRA both years



- 1** Health Fair Only
- 2** Level 1 + Full Wellness Program
- 3** Level 1 + Level 2 + Health and Wellness Center
- 4** Level 1 + Level 2 + Level 3 + Occupational Medicine Health and Wellness Center

	Level 1	Level 2	Level 3	Level 4
On-site health fair	x	x	x	x
On-site Wellness Nurse once a month		x	x	x
RN and Dietitian on-site at least once a week			x	x
On-site biometrics			x	x
Claims-based outreach*			x	x
Occupational Medicine Nurse on-site weekly				x
Wellness activities**	x	x	x	x

*AultCare clients only

**Variety of activities depends on level