



# Disease Management



AultCare's Disease Management focuses on providing members with education on prevention and ensuring members with chronic health issues have all the tools and services necessary to improve their health.

Disease Management offers an integrated and comprehensive approach to manage conditions, reduce complications, improve quality of life, and decrease overall costs. These resources are available at no additional cost for all AultCare members.

## Programs and resources available within Disease Management include:

- **Telemonitoring Programs**
  - > **Chronic Obstructive Pulmonary Disease (COPD)**
  - > **Congestive Heart Failure (CHF)**
  - > **Diabetes**
- **Educational Resources**
  - > **Mental Health**
  - > **Pre-Diabetes**
  - > **Stroke**



### Telephonic Support

You will have access to a nurse for preventive care reminders, adherence follow-up, medication follow-up, and information on how to improve overall outcomes.



### Assistance with Referrals

We can provide assistance with referrals to specialists or community agencies.



### Educational Materials and Resources

We have educational materials and resources available to provide you with the information you need for quality care.



### Maximize Plan Advantages

Our team can help you maximize your health plan advantages so you can receive high quality, affordable care.

You have the right to assistance and information in your language at no cost. To speak with an interpreter, call 330-363-6360 (TTY 711). ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 330-363-6360 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電330-363-6360 (TTY : 711)。AultCare/Aultra complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

## Contact Us

330-363-6360 | 1-800-344-8858 | TTY 711

[www.aultcare.com](http://www.aultcare.com)