

# MAC TRAILER HEALTH & WELLNESS TEAM

**Tyler Barney, CHWC, CPT, CLC**



- Biometric screenings
- Healthcare and wellness education
- Personal training
- Health coaching

**Maria Daisher, RN, BSN, MHA**



- Biometric screenings
- Condition specific education
- Wellness and lifestyle coaching
- Healthcare navigation
- Connectivity to AultCare resources

**Colleen Barrickman, RDN, CLC**



- Tips for meal planning and grocery shopping
- Helps to manage chronic health conditions through diet and lifestyle changes
- Blood pressure checks
- Nutritional screenings to help employees meet wellness goals

**Mikki Kanagy, PA-C**



- Assists with acute illness and related prescriptions
- Tobacco cessation
- Provides solutions for health and wellness needs
- Medication and prescription questions
- Helping you find and establish a Primary Care Physician

**Nikki Carlile, NRCMA**



- Perform blood pressure checks
- Updating medical information
- Scheduling appointments - 330-238-4500
- Labs on Fridays with a doctor's order

**Sign up for an  
appointment today!**

Visit [www.aultcare.com/mactrailer](http://www.aultcare.com/mactrailer)  
or email [wellnesscenter@mactrailer.com](mailto:wellnesscenter@mactrailer.com)  
or call 330-829-1606.

