



Mondays with Mike

AULTCARE

Uncommon Leaders and Peak Performers

When you read this title, I am sure that you thought of executives, gifted athletes, and/or world-renowned leaders. While the reference could easily drift to those areas and seem above many of us, that is not the case. Each of us has the opportunity to lead and be peak performers in our relationships, our parenting, our coaching, and in the daily use of our skills and talents as those affect others.

Here is a list of characteristics from the book *How to Succeed in Life* that helps us unlock our personal leadership opportunity. Let's give ourselves an overall report card grade. See if we can become an honor student in our ability to lead others by "making the grade" on a majority of these qualities.

Uncommon leaders and peak performers have these characteristics:

- They relax and think.
- They visualize themselves performing successfully.
- They possess a passionate sense of mission.
- They are obsessed with excellence.
- They give attention to details and have work habits that are systematic and disciplined.
- They are results-oriented, not activities focused.
- They have great organizational talents.
- They are compulsive about customer service/relationships.
- They trust their own inner signals rather than going along with the group.
- They have faith in people and are willing to collaborate with others.
- They are willing to take risks. They use mistakes as opportunities for growth and self-improvement.

We have a chance to earn a wonderful grade on life's report card. This week, let's start making that grade!

Have a great week!

