



Mondays with Mike

AULTCARE

MONDAY TUE

Celebrating Memorial Day and Its Significance

Joseph Campbell shares the following quote about being a hero:

"A hero is someone who has given his or her life to something bigger than oneself."

As we celebrate Memorial Day this week, let's keep this reflection nicely placed as we honor our fallen heroes who paid the ultimate sacrifice as they gave their heart, soul, and lives to something bigger than themselves. Our daily existence in this country has been blessed because of these heroes. Additionally, as we encounter the daily grind of work, family, calendar commitments, and what life brings our way, let's be sure to reach for "something bigger" than ourselves. Those around us will ultimately benefit. And we, in a smaller way, honor those who have gone before us through our selfless actions.

Have a "memorial" week!

