



Mondays with Mike

AULTCARE

MONDAY TUE

Life certainly isn't easy . . .

Matthew Kelly, in his book *The Rhythm of Life*, reflects upon how challenging life can be. We battle fear, doubt, discouragement, and even criticism. At those times, he suggests we travel in our minds to a small orphanage in Calcutta. On a wall there, you will find these words:

People are unreasonable, illogical, and self-centered.
LOVE THEM ANYWAY.

If you do good, people will accuse you of selfish, ulterior motives.
DO GOOD ANYWAY.

If you are successful, you win false friends and true enemies.
SUCCEED ANYWAY.

The good you do will be forgotten tomorrow.
DO GOOD ANYWAY.

Honesty and frankness make you vulnerable.
BE HONEST AND FRANK ANYWAY.

Big people with even bigger ideas will be shot down by small people with even smaller minds.
THINK BIG ANYWAY.

People favor underdogs but follow only top dogs.
BE THE UNDERDOG ANYWAY.

What you spent years building may be destroyed overnight.
BUILD ANYWAY.

People really need help but may attack you if you help them.
HELP THEM ANYWAY.

Give the world the best you have, and you'll get kicked in the teeth.
GIVE THE WORLD THE BEST YOU'VE GOT ANYWAY.

Special thanks to our guest Avatar, Kristen Miday, who won the opportunity to be highlighted as part of the Colleague Campaign. Kristen gives the world her best each and every day! Let's all do the same!

Have a great week!

JUST DO IT