



Mondays with Mike

AULTCARE

Investing in Others Using Our 5 Capitals

I had the pleasure of hearing Jason Lantz, the Vision Leader of the RiverTree Christian Church Campus Network, speak about how best to be “generous” with our personal “capitals.” What I loved about Jason’s message is that it is so applicable to ALL areas of our lives, be that in our marriages, work, ball teams, support groups, and other life investment areas. I think you will enjoy these 5 areas and where they apply to each of us.

1. **Spiritual.** This can certainly relate to our faith. But, it can also relate to our energy and inspiration to lift others up in all ways that we are capable of. Things like courage, heart, attitude, motivation, perseverance, and sacrifice that we extend to others fit into this category.
2. **Relational.** What connections do we make to be helpful to the needs of others? The great phrase here is, “I know someone who can help you with that!”
3. **Physical.** This relates to our gift of time. When we are good at something or have a special talent, do we offer to use it to help others? Do we offer to lighten the burden of someone else or lend a hand?
4. **Intellectual.** If we have a specific type of expertise, do we “get it in the game” when someone needs it?
5. **Financial.** Do we contribute from our financial resources to help others in need or to further a cause that we believe in?

This week, let’s review our “investment portfolio” in this manner. Our return on investment using these five capitals will be better than the current interest rates, I am sure.

Have a “capital” week!

