



MONDAYS

with Mike

Striving to be at the top!

The following list of statements was created by a football player who played for Coach Jim Tressel and was shared in Coach's book, The Winners Manual. It is not the full list, but the statements included are so very special, as well as instrumental in leading us to be "at the top" in all that we do.

You are at the top when

You have made friends with your past, are focused on the present, and optimistic about your future.

You clearly understand that yesterday ended last night, that today is a brand-new day, and it is yours!

You know that success (a win) doesn't make you and that failure (a loss) doesn't break you.

You can look back in forgiveness, forward in hope, down in compassion, and up with gratitude.

You are pleasant to the grouchy, courteous to the rude, and generous to the needy, because you know that the long-term benefits of giving and forgiving far outweigh the short-term benefits of receiving.

Let's all strive to be on top this week – and every week!