



# *Mondays* with Mike **AULTCARE**

WEEKLY PLAN

MONDAY

TUESDAY

## **Staying curious and creative**

In these current times, when we are asked to be less than engaged, there is a tendency to reduce, or lessen, the use of our creative juices and our ability to remain curious.

Let's continue to work hard to stimulate and develop our innate creativity and imagination. The holiday time period allows us to do that through the use of the holiday spirit. Look at everything as a challenge. Look for new alternatives and new combinations for simple and ordinary things. Look at the familiar as unusual and ask yourself, "How can I improve this situation? How can I make it just a little better?"

You do not have to invent or create anything brand new, unique, or dramatic to be successful at this. All you have to do is be 10% newer or better than before. So, look for small yet effective ways to improve something that is already being done or that is already in place. You will be amazed at how cool the new idea becomes, as well as how it makes you feel after you have accomplished this.

Victor Hugo sums it up best:

There is nothing more powerful than an idea whose time has come!

Plug into your inner curiosity – it will energize you, and it will sustain you in these current times!

Have a great week!

