



Supporting moms on their gestational diabetes journey.

The LivingConnected® Gestational Diabetes Program blends intensive nutrition and clinical coaching with remote blood glucose monitoring to address the adverse outcomes of uncontrolled gestational diabetes for mom and baby.



Program Welcome Package

Mom receives a warm welcome to the LivingConnected® program along with a Blood Glucose Monitor, testing strips, lancets, lancing device, control solution, daily wellness log, and a helpful gestational diabetes management guide.



Real-Time, Live Clinical Guidance

Certified Diabetes Care and Education Specialists (CDCES) evaluate blood glucose levels alongside nutrition, exercise, and behavioral health insights for a comprehensive view allowing them to effectively engage and guide pregnant women managing gestational diabetes.



Lactation Package Delivery

Moms choosing to nurse will receive a breast pump and helpful nursing tips.



DID YOU KNOW? Breastfeeding is associated with a median time to postpartum type 2 diabetes of **12.3 years** compared with **2.3 years** in women who did not breastfeed.*



Improved Outcomes = Lower Birth Costs

Early intervention and management of gestational diabetes will address and help prevent adverse clinical outcomes so moms and babies have healthier pregnancies, resulting in safer and less costly deliveries.